

You are not alone. We are here to help.

Parkinson Society British Columbia is here to help people with Parkinson's and the people who care about them. The services provided include:

- Consultation at the PSBC office or by phone
- Free, confidential short-term counselling services for people with Parkinson's and their loved ones
- *Viewpoints*, quarterly newsletter with up-to-date information on scientific research, medication, caregiving, nutrition and other relevant topics
- Educational events throughout BC featuring experts in Parkinson's research and treatment
- PDLink Program
- Information materials
- Library including books and DVDs
- A network of over 50 support groups province-wide
- Advocacy for improved healthcare and access to medications
- Partnership with Pacific Parkinson's Research Centre at UBC
- Workshops and training for healthcare professionals

For more information on the PDLink Program, please contact us at 604 662 3240, 1 800 668 3330 or info@parkinson.bc.ca.

"Our emails have taken a bit of the pressure off my carepartner who feels overloaded at times."

Your Support is Essential

Established in 1969, Parkinson Society British Columbia is a not-for-profit charitable organization that exists to address the personal and social consequences of Parkinson's disease through education, community outreach, research funding, advocacy and public awareness. The Society receives no government funding and is supported entirely by the generosity of donors and members, corporations, foundations and the dedicated efforts of volunteers.



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PDLink Program



“Talk about your Parkinson’s journey or your carepartner experience with someone who has walked in your shoes.”

There are 12,500 people in British Columbia who have Parkinson’s disease (PD). This number can be doubled or even tripled considering that Parkinson’s affects the whole family. Parkinson’s disease changes lives forever and the changes may be unpredictable and continuous.

Whether you are contending with a new diagnosis, adjusting to symptoms or going through a new stage in your PD journey, or the journey of a person you support and care for, you may feel the need to connect with someone other than your care provider, family or friends.

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PDLink Program

Parkinson Society British Columbia (PSBC) has a network of more than 50 support groups throughout BC. We recognize, however, that not every person with Parkinson’s or carepartner has access to a support group or is comfortable in a group setting.

No one is ever prepared for a diagnosis of Parkinson’s and no one understands what it is like to live with Parkinson’s better than another person living with it.

These are the reasons why PSBC developed the PDLink Program.

What is PDLink?

PDLink provides peer support to people with Parkinson’s and their carepartners by connecting them with someone who has had experiences similar to their own. You and your PDLink volunteer will be able to communicate either by email or phone; there is no face-to-face interaction in PDLink.

The number and the frequency of contacts are up to you and your PDLink volunteer and you may discontinue participation at any time.

This service is available to anyone in BC and the Yukon.

“Being connected through PDLink is a valuable part of my journey. I highly recommend PDLink to assist with coping with Parkinson’s now and in the future.”



“My volunteer has shared many of her experiences and I have learned a lot from her. Most importantly, I know I am not alone.”

Who would I talk to?

PDLink volunteers complete an application form and are interviewed by PSBC staff. We discuss the individual’s reasons for volunteering, their experience with Parkinson’s, their general interests and their suitability for the program.

When we match you with a volunteer, we consider each person’s age, length of diagnosis, lifestyle and other interests.

PDLink volunteers will describe their experience of living with Parkinson’s. They may offer tips on coping and share local community resource information. But above all, they will listen.

All conversations are confidential.