

Annual Report

VIOLA CHAN PERSON WITH PARKINSON'S

Viola will be featured in a segment with Fairchild TV on April 22, 2023 to discuss her journey with Parkinson's disease. Further details will be provided on Parkinson Society BC's website once the interview is available.

Our Mission

Empower people with Parkinson's in British Columbia through providing resources and services to enable self-management, self-reliance, and self-advocacy.

What is Parkinson's Disease?

Parkinson's disease is caused by a loss of dopamine in the brain and is the second most common chronic neurodegenerative disorder after Alzheimer's disease. Both motor and nonmotor symptoms may be experienced, such as tremor, rigidity, slowness of movement, difficulty with speech, sleep disturbance, and mood disorders. There is currently no known cure. It is estimated that there are approximately 15,000 individuals living with Parkinson's in British Columbia. Experts predict that the incidence of Parkinson's will double by 2040. While the vast majority of people with Parkinson's are over 60, 20% are diagnosed before the age of 50 and many are in their 30s and 40s.

Executive Message

In 2022, we at Parkinson Society British Columbia have worked tirelessly to further our mission of empowering the Parkinson's community in this province. Throughout the year, we continued to inform our decisions by building and maintaining connections with the individuals that rely on us, including carepartners, families, people with Parkinson's disease, and healthcare professionals. Thanks to your generous support, here are some ways we are working to help people touched by Parkinson's disease in BC:

- The BC Ministry of Health confirmed funding for a second neurosurgeon to perform Deep Brain Stimulation (DBS) surgery in British Columbia. This step is essential in reducing the lengthy waitlist and improving the quality of life for those living with Parkinson's disease.
- We continue to invest in an innovative approach to expand holistic care for those affected by Parkinson's disease. We are providing incentive funding in two health authorities to support a team approach to care in the Victoria and Kelowna movement disorder clinics. We began a similar investment with Vancouver Coastal Health Authority for the UBC Movement Disorder Clinic, adding a part-time occupational therapist and part-time speech-language pathologist. We are investing \$500,000 over five years (2020-2024; 2021-2026) to improve care in each of these heath regions. Funding was also offered to Vancouver Island Health Authority for a full-time speech-language pathologist in Nanaimo.
- We have increased access to specialized therapies by expanding our Virtual Physiotherapy service, which aims to reduce barriers to Parkinson's-specific treatments. For people meeting certain criteria, this service is available free of charge.
- We continue to provide free clinical counselling to both people with Parkinson's and their loved ones.
- To help individuals better navigate the complexities of the healthcare system, the Society has hired a new part-time Healthcare Navigator, an important addition in strengthening our information and referrals service.
- Our educational events continued to be provided in a primarily virtual format to remain as accessible as possible. However, we have also hosted several in-person events throughout the 2022 year, including our highly-anticipated provincial conference, Moving Forward, Together, which fostered an educational and inspirational space to enrich connections between people with Parkinson's, carepartners, friends, and healthcare professionals.
- We are continuing to invest in research through funding partnerships with Parkinson Canada and the Michael Smith Foundation for Health Research. These groups aim to build capacity among the next generation of Canadian researchers, contribute to the collective understanding of this complex disease, and further the search for a cure.
- We are ensuring that every person touched by Parkinson's has a community behind them by strengthening our provincial network of over 50 support groups, so that no one has to walk alone on this journey.

Thank you for helping us continue to support and uplift the Parkinson's community in British Columbia. Together, we can ensure that every person touched by this disease has the resources and services they need to live life to the fullest.

Signed,





Andrew Davenport CHAIR

Message from Finance Committee

Our Picture of Financial Accountability To view a copy of our audited 2022 Financial Statements, please visit <u>www.parkinson.bc.ca</u>.

Revenue 2022

Donations	\$656,943
Special Events	\$470,560
Bequests	\$232,169
Investments + Other Income	-\$442,931 Net Unrealized Loss

Expenses 2022

Support Services: \$1,254,195	58 %
Research: \$427,500	20%
Fundraising: \$315,938	15%
Public Awareness, Communication & Advocacy: \$95,132	4%
Governance & Administration: \$77,807	3%

The Society enters 2023 with reserves equal to 18 months of its historical expenses, which provides the Board with further opportunity to actualize our strategic priorities. The Board continues to review opportunities to further increase the Society's impact and reach throughout BC.

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each name is appropriately

listed and spelled. Please let

us know if we have made an

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recognize you in the future.

Note: We strive to ensure that

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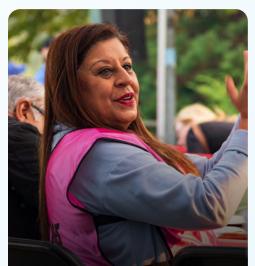
Tulip Circle · \$500-\$999

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Our Year in Review 2022



Volunteers at Parkinson SuperWalk in Vancouver 2022

THANK YOU TO OUR VOLUNTEERS

3,122+

Hours Provided to Support the Society's Programs, Services, Advocacy, and Fundraising

FUNDRAISING

\$384,832 Raised for Superwalk

PARKINSON SUPERWALK

LEGACY GIFTS

\$**232,169**

Given from the Estates of Seven Individuals

PD Connect®

109

Referrals from Healthcare Professionals through our PD Connect® Program



Moving Forward, Together provincial conference in 2022





Attendees at our Provincial Conference, *Moving Forward, Together*

CONSULTATION + INQUIRIES

1,773 Information and Referral Inquiries

68 In-Depth Consultations

COUNSELLING

Hours

183 New Clients





PHYSIOTHERAPY

Virtual Hours

New Clients

PD Warrior certification training in Kelowna, September 2022

Other Achievements

Held two PD Warrior Training Courses for 58 Healthcare Professionals.

Hosted virtual open houses for the community that provide an overview of the programs and services offered by the Society

Supporting those with that have limited access to, or knowledge of, technology by offering printed resources by mail.

Introduced a Deep Brain Stimulation (DBS) Support Group for those who have received DBS surgery.

Provided professional facilitator training to our support group facilitators.

Launched a new healthcare navigation service designed to help the Parkinson's community better navigate the complexities of the healthcare system.



PD Warrior certification training in Vancouver, September 2022



(Left to Right) Jaqueline Hubick, support group facilitator, Liz Janze, Education and Support Services Coordinator at PSBC, & Jean Blake, CEO of PSBC at Facilitators' Training in 2022 WEBINARS

173 Exercise, Activity, and Education Webinars



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PARKINSON SUPERWALK

Save the Date!

Parkinson SuperWalk will return to British Columbia the weekend of September 9 & 10, 2023

Registration and information available beginning May 8th at:

parkinson.bc.ca/superwalk



Charitable Registration Number: 11880 1240 RR0001

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