

COMMUNICATION AND SWALLOW WORKSHOP

Parkinson Society British Columbia
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CURRENT ISSUES RELATED TO SPEECH LANGUAGE PATHOLOGY SERVICES

- 13,300 people with Parkinson's in BC.
- 80-100% of people with Parkinson's have communication and swallow disorders.
(Ramig, L. O., Fox, C., & Sapiir, S. (2008). Speech treatment for Parkinson's disease. Expert Review of Neurotherapeutics, 8(2), 297-309.) (Swart, B. J. M. d., Kalf, J. G., Munneke, M., & Bloem, B. R. (2012). Prevalence of oropharyngeal dysphagia in parkinson's disease: A meta-analysis. Parkinsonism & Related Disorders, 18(4), 311-315.)
- BC's basic Medical Services Plan does not cover the cost of private speech, language, or swallowing services.
(Resources Funding. (n.d.). Retrieved August 17, 2016, from http://www.bcaslpa.ca/public/resources/funding/)
- Employers may provide employees with extended health benefits, which may cover speech language pathology services up to \$600 per year.
- Private practice speech language pathology services may cost up to \$150 per hour.
(Professional Resources. (n.d.). Retrieved August 17, 2016, from http://www.bcaslpa.ca/professional/resources/professional-resources)

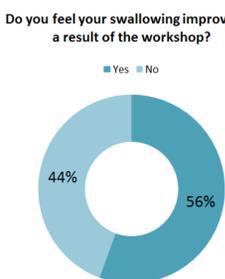
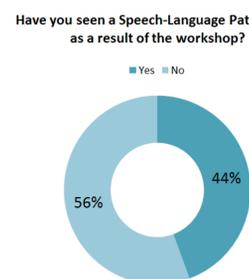
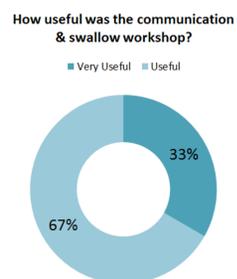
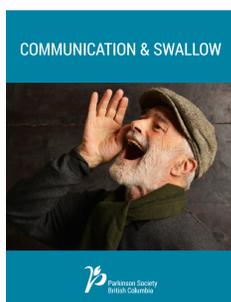
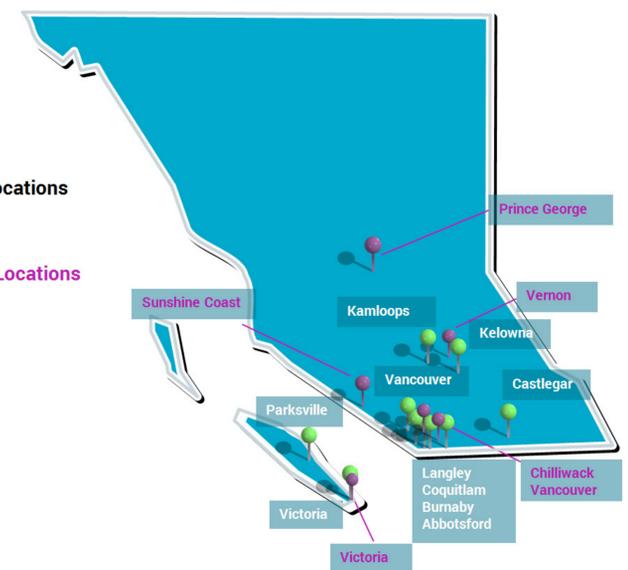
STRATEGY OBJECTIVES

- "Speech and language therapy should be available for people with Parkinson's disease" (p. S15).
- Specifically, clinicians should consider providing treatment to improve vocal loudness and pitch range, for example using Lee Silverman Voice Treatment (NICE; Level B Evidence).
- Review and management to support safety and efficiency of swallowing and to minimize the risk of aspiration (NICE; Level D Evidence).
Grimes, D., Gordon, J., Snelgrove, B., Lim-Carter, I., Fon, E., Martin, W., & Canadian, N. S. F. (2012). Canadian Guidelines on Parkinson's Disease. The Canadian journal of neurological sciences, 39(4 Suppl 4), S1.

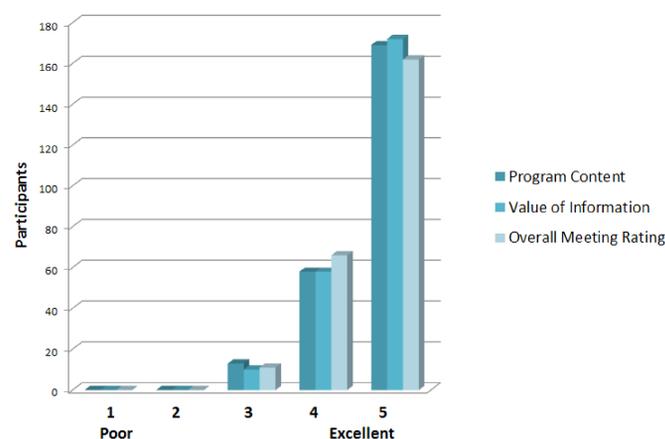
ACTION- COMMUNICATION & SWALLOW WORKSHOP

- Development of a one day Communication & Swallow Workshop
 - Education regarding communication and swallowing disorders in people with PD
 - Introduce LSVT exercises
 - Provide reliable information on available evaluation and treatment
 - Encourage advocacy for speech language pathology services
- Led by experienced LSVT® Certified Speech Language Pathologist
- 10 workshops held between 2014 - 2016
- Attendees throughout BC: 388 people with Parkinson's and their carepartners
- Development of a companion booklet
- Provincial Outcome Survey Results (9 responses)

- Past Workshop Locations
- Future Workshop Locations



WORKSHOP EVALUATIONS



TESTIMONIALS

- "I feel I would not have gone to the Lee Silverman Voice Treatment if it weren't for your program and I am most grateful."
- "I got a clear understanding of why communication and attention to swallowing is important to a person with Parkinson's."
- "Good practical information on causes and treatment."

ONGOING ISSUES

- Access to Speech Language Pathologist
- Individual evaluation and treatment of communication and swallowing
- Workshop access in smaller, remote communities