

Contents of Aware in Care Kit

The **Aware in Care** kit is designed to protect, prepare and empower people with Parkinson's disease before, during and after a hospital visit. Each kit includes tools and information to help plan for the next hospital stay – whether it is a planned visit or an emergency. Below are the contents of the kit.

Aware in Care Bag



Pack the kit with your PD medications and materials below.

Parkinson's disease ID Bracelet



Wear your bracelet at all times in case you are in an emergency situation and cannot communicate.

Hospital Action Plan



Read about how to prepare for your next hospital visit - whether it is planned or an emergency.

Medical Alert Card



Fill in your card with emergency contact information and place in your wallet.

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Medication Form



Photocopy this form for when you have medication changes. Complete this form and keep copies in your kit for use at the hospital.

Parkinson's disease Fact Sheet



Copy and share the facts about PD with hospital staff and ask that a copy be placed in your chart.

I Have PD Reminder Slips



Share vital information about Parkinson disease with every member of your health care team in the hospital.

Magnet



Use this magnet to display a copy of your Medication Form in your hospital room.

Thank You Card



Present this card to a staff member who provides high quality care.